

DAY TRIPS are offered throughout the year and open to NSAC members and non-members. For more information, contact the NSAC Trip Office at 603-816-2645, Monday-Thursday: 9am-11:30am or Margo Bell at 603-816-2643 or email mbell@nashuaseniorcenter.org. As of the date of publication all of the following trips were still valid. Dates are subject to change. Please ask about the cancellation policy. Visit our website: www.nashuaseniorcenter.org/news for the latest updates and information.



**Wed., May 17, 2023
Ogunquit Playhouse**

The inspiring true story of one woman's remarkable journey from teenage songwriter to the Rock & Roll Hall of Fame. From the string of pop classics Carole King wrote for the biggest acts in music, to her own life-changing, chart-busting success with "Tapestry," **Beautiful** takes you back to where it all began — and takes you on the ride of a lifetime.

Lunch at Jonathan's before the show.
Choice of Chicken Piccata or Lemon-baked Scrod

Cost: \$170

Departs: 10:15 am — Returns: 6:45 pm

For more information and reservations, please contact
Nashua Senior Activity Center, 70 Temple St, Nashua
603-889-6155

**Wed., July 19, 2023
North Shore Music Theater**

Revisit the world's most beloved musical. **THE SOUND OF MUSIC** tells the tale of a young nun who is dispatched to serve as governess for the seven children of a widowed naval captain. Her growing relationship with the children, coupled with her generosity of spirit, gradually captures the heart of the stern captain.

Includes lunch at the Davensport Yacht Club with
your choice of Chicken Piccata or Baked Haddock

Cost: \$167

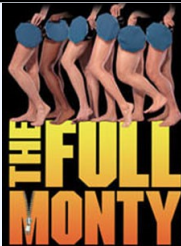
Departs: 10:15 am — Returns: 6:30 pm

For more information and reservations, contact
Nashua Senior Activity Center, 70 Temple St, Nashua
603-889-6155



**Wed., September 27, 2023
North Shore Music Theater**

While spying on their wives at a "girls night out," a group of unemployed steelworkers from Buffalo hatch a bold and unclothed plan to make some quick cash. As they conquer their fears, self-consciousness, and prejudices, the lovable misfits come to discover that they're stronger as a group, and the friendship they find in each other gives them the courage to "let it go."



Lunch at the Davensport Yacht Club with
your choice of Chicken Piccata or Baked Haddock

Cost: \$167

Departs: 10:15 am — Returns: 6:30 pm

For more information and reservations, contact
Nashua Senior Activity Ctr, 70 Temple St, Nashua
603-889-6155



Wed., Nov 8, 2023 / North Shore Music Theater

The story spans from his impoverished childhood in Tupelo, Mississippi, to his triumphant 1968 "Comeback Special" and his ascent to be "The King."

Lunch at the Davensport Yacht Club before the show.
Your choice of Chicken Piccata or Baked Haddock

Cost: \$167

Departs: 10:15 am — Returns: 6:30 pm

For more information and reservations, contact
Nashua Senior Activity Center, 70 Temple St, Nashua
603-889-6155

save the Date

**St. Patrick's Day Celebration
Sunday, March 12, 2023**



**Saint Patrick's Matinee Show
at the Reagle Theatre in Waltham, MA**

Celebrate being Irish for the day! Trip includes luncheon at the Chateau in Waltham. (Choice of Corned Beef & Cabbage or Chicken Parmigiana)

More details available after January 1st. Call the Trip Office (603-816-2625) if you would like your name (and number of spaces) on the interest list.

MULTI-DAY TRIPS

*Pick up a flyer at the NSAC for full details
Prices quoted are per person based on double occupancy. Prices are subject to change.

2023

- **Southern Charm:** (includes Charleston, Savannah, and Jekyll Island) — April 2-8, 2023
- **Virginia Tattoo** — April 20-25, 2023
- **Bar Harbor** — June 14-16, 2023
- **Spotlight on South Dakota** — Sept. 26—Oct 2, 2023
- **Discover Canyon Country** — Sept. 29—Oct. 6, 2023


NSAC INFORMATION

CURRENT OPERATING HOURS:

Monday, Tuesday, Wednesday: 9 am - 4 pm ~ Thursday: 9 am - 7 pm ~ Fridays: 9am—12 pm

except pre-registered evening programs and by appointment—subject to change


Inclement Weather Closings: The Nashua Senior Activity Center follows Nashua Public School's announcements regarding weather-related closings and delays. Please watch WMUR or check **WMUR.COM**


 **ROUND AGAIN SHOP:** Monday — Thursday 9 am to 2 pm ~ Friday 9 am to 11:00 am. FREE SPREE on the first Monday of every month: current members can choose one FREE OUTFIT. Must show your current NSAC membership card to receive this promotion - ask for details. Effective January 2023, appointments will not be required for clothing donations. There is a two-bag limit on donations.

 **LIBRARY:** Monday - Thursday 9 am to 2 pm & Friday 9 am to 12 pm. Donations are by appointment only and are limited to two grocery sized bags. Call Margo Bell at 603-816-2643 to schedule a donation.

 **FITNESS CENTER:** Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Members must have completed training and agree to abide by our cleaning protocol.

 **FITNESS ROOM ORIENTATION WITH KEVIN:** The 1st & 3rd Wednesday of the month at 2:15 pm. Space limited - sign-ups are first-come, first-served. To register, please call 603-889-6155 or visit the Front Desk.

 **COMPUTER LOUNGE:** Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Registration not required - first come first served. Members must agree to abide by the established policies.

 **BILLIARDS:** Check in at the Front Desk. \$3/members & \$5 non-members (per person). Call Cathy for new hours. 603-816-2647.

 **MUSIC WITH BENES:** Monday & Thursday 10:30 to 11:45 am & 12:30 to 1:45 pm.

 **OLDE TYME PICKERS:** 3rd Tuesday of the month — 7 pm to 9 pm



*See how you can attend free classes
and win some prizes
in the March/April newsletter.*

spring fling is just around the corner!

Individuals are needed for volunteer positions at the Nashua Senior Activity Center. Opportunities include special events, fundraisers, office assistance, retail, and more. Please request an application at the Front Desk today. Thank you! Margo Bell

**VOLUNTEERS
NEEDED!**



Meals on Wheels of Hillsborough County

Community Dining Program at the Nashua Senior Activity Center:

Balanced meals are being served to those 60 years of age or older (suggested donation \$3.00)

Monday to Friday from 11:45am to 12:30pm

NASHUA SENIOR ACTIVITY CENTER

Our Mission:

To promote healthy aging, independence and the well-being of older adults through health, wellness, educational, cultural and recreational programs and services.



Nashua Senior Activity Center
70 Temple Street
Nashua, NH 03060

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NASHUA SENIOR ACTIVITY CENTER MEMBERSHIP

Membership Office Hours: Monday through Friday: 9:15 am to 11:30 am

Eligibility: Membership is open to anyone in the greater Nashua area age 50 or older.

Membership and Renewal Fees: \$40 per year for individuals; \$60 per year for two individuals residing at the same address.

Membership Renewal by Mail: Include a **self-addressed stamped envelope** to have your membership card and receipt mailed to you; otherwise, pick up your card and receipt when you visit the Senior Center.

Veterans Discount: Eligible military service veterans receive a \$5 discount.

Membership Fee Exemption: Membership fee is waived for seniors 90 years and older.

Payment: Cash, personal checks, credit cards, and debit cards are accepted.

Discounts on classes, entrance to social and special events, participation in other activities and more are privileges of membership. Therefore, membership cards must be presented at the time of registration.

FOLLOW US ON SOCIAL MEDIA:

www.nashuaseniorcenter.org



www.facebook.com/nashuasac



[@nashuaseniors](https://twitter.com/nashuaseniors)