

Nashua Senior Activity Center *INFORMATION*



Wed., Nov 8, 2023 / North Shore Music Theater

The story spans from his impoverished childhood in Tupelo, Mississippi, to his triumphant 1968 "Comeback Special" and his ascent to be "The King."

Lunch at the Davenport Yacht Club before the show.
Your choice of Chicken Piccata or Baked Haddock

Cost: \$167; Departs 10:15 am — Returns 6:30 pm

Save the Date: **Boston Pops** with
Keith Lockhart at Symphony Hall

Thursday, December 7, 2023 -
3:00PM Matinee with lunch before



More Fall and Winter Trips to Come

Essex River Cruise with lunch at The Hardcover Restaurant.

September 13, 2023

Today's adventure takes us to Danvers, Mass where we will have a delicious luncheon at the Hardcover Restaurant. (Please select top Sirloin, Chicken Dijonnaise, or Baked Haddock) After lunch we will make our way to the Beautiful Essex, Massachusetts where we will board the River Queen. Enjoy a two-hour narrated cruise. The marsh itself is part of the Essex River Estuary. Formed 15,000 years ago by melting glaciers of the last Ice Age, the marsh serves as the feeding ground for many species of beautiful birds and abundant wildlife. Generations of boat builders, fishermen, entrepreneurs and all sorts of characters have been sustained by the area. You'll learn some of their stories during the cruise.

Cost \$134.00

Depart Nashua: 9:45 am

Return 5:45 pm



CURRENT OPERATING HOURS:

Monday, Tuesday, Wednesday: 9 am - 4 pm ~ Thursday: 9 am - 7 pm ~ Fridays: 9am—12 pm
except pre-registered evening programs and by appointment—subject to change



ROUND AGAIN SHOP: Monday — Thursday 9 am to 2 pm ~ Friday 9 am to 12:00 pm. FREE SPREE on the first Monday of every month: current members can choose one FREE OUTFIT. Must show your current NSAC membership card to receive this promotion - ask for details. There is a two-bag limit on donations, no appointment needed.



LIBRARY: Monday - Thursday 9 am to 2 pm & Friday 9 am to 12 pm. Donations are by appointment only and are limited to two grocery sized bags. Call Margo Bell at 603-816-2643 to schedule a donation.



FITNESS CENTER: Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Members must have completed training and agree to abide by our cleaning protocol.



FITNESS ROOM ORIENTATION WITH KEVIN: The **1st & 3rd Tuesday of the month at 2:30 pm.** Space limited - sign-ups are first-come, first-served. To register, please call 603-889-6155 or visit the Front Desk.



COMPUTER LOUNGE: Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Registration not required - first come first served. Members must agree to abide by the established policies.



BILLIARDS: Check in at the Front Desk. \$3/members & \$5 non-members (per person). Monday: 9-3:30 PM, Tuesday, 1-4PM, Wednesday, 12:30—3:30 PM, Thursday, 9-4:30 PM. Friday not available. Call Cathy for further information. 603-816-2647.



MUSIC WITH BENES: Monday & Thursday 10:30 to 11:45 am & 12:30 to 1:45 pm.



OLDE TYME PICKERS: 3rd Tuesday of the month — 7 pm to 9 pm



MEALS on WHEELS
HILLSBOROUGH COUNTY

Meals on Wheels of Hillsborough County
Community Dining Program at the Nashua Senior Activity Center:

Balanced meals are being served to those 60 years of age or older
(suggested donation \$3.00)

Monday to Friday from 11:45am to 12:30pm

NASHUA SENIOR ACTIVITY CENTER

Our Mission:

To promote healthy aging, independence and the well-being of older adults through health, wellness, educational, cultural and recreational programs and services.



Nashua Senior Activity Center
70 Temple Street
Nashua, NH 03060

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Save the Date: Senior Activity Ctr Saturday: Nov. 4, 2023, 70 Temple St., Nashua 9 am-2 pm Free Parking

This **Flea Market** will showcase 30+ vendors selling both new & used merchandise, a book sale, a "fill-a-bag" for \$5 sale (on clothing only) at the Round Again Shop, a raffle and more! Volunteers to help with the event are needed! Limited "treasure" donations will be accepted by appointment only. Raffle items graciously accepted!

Vendor space is available after September 1: tables are \$25 each. For information on table reservations, volunteering, or to make an appointment for donations contact: Margo at 603-816-2643.

NASHUA SENIOR ACTIVITY CENTER MEMBERSHIP

Membership Office Hours:

Monday through Friday: 9:15 am to 11:30 am

Eligibility: Membership is open to anyone in the greater Nashua area age 50 or older.

Membership and Renewal Fees: \$40 per year for individuals;

\$60 per year for two individuals residing at the same address.

Membership Renewal by Mail:

Include a **self-addressed stamped envelope** to have your membership card and receipt mailed to you; otherwise, pick up your card and receipt when you visit the Senior Center.

Veterans Discount: Eligible military service veterans receive a \$5 discount.

Membership Fee Exemption: Membership fee is waived for seniors 90 years and older.

Payment: Cash, personal checks, credit cards, and debit cards are accepted.

Discounts on classes, entrance to social and special events, participation in other activities and more are privileges of membership. Therefore, membership cards must be presented at the time of registration.



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