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NASHUA

SENIOR ACTIVITY NEWS CENTER

ISSUE #330

70 Temple Street • Nashua, NH 03060 • 603-889-6155 www.nashuaseniorcenter.org

NOV/DEC 2022





Saturday, November 5, 2022 9 am to 2 pm Nashua Senior Activity Ctr 70 Temple Street, Nashua





This Flea Market will showcase 30+ vendors selling both new & used merchandise, a book sale, a "fill-a-bag" for \$5 sale (on clothing only) at the Round Again Shop, a raffle and more! Volunteers to help with the event are needed! Limited "treasure" donations will be accepted by appointment only. Raffle items graciously accepted!

Vendor space is available: tables are \$25 each. For more information on table reservations, volunteering, or to make an appointment for donations, contact Margo at 603-816-2643.



2022 Annual Giving

All members will receive our Annual Appeal mailing in early November. Many ask why they should donate to the Nashua Senior Center's Annual Appeal since they already pay a membership fee and for classes. The fact is that the 100% self-funded Nashua Senior

Activity Center depends on your donations to keep operating. Every day the Center is open it costs approximately \$1,600 but approximately only \$115 is generated from membership dues. The remaining expense must be generated by rentals, class fees, retail sales, trips, fundraising events, and donations. As you can imagine, during the COVID-19 pandemic, many of our traditional revenue streams were non-existent. Each and every donation makes a difference to the NSAC's mission as a resource in the Greater Nashua area. The Center creates an environment for successful aging. If you are not a member or do not receive the mailing and wish to contribute to the Annual Appeal, please contact Judy Porter, Development Director, via email at <code>jporter@nashuaseniorcenter.org</code> or by phone at 603-816-2649.

We encourage everyone to give generously and donate to the Annual Appeal.



Catered Christmas Dinner



Saturday, December 24 - 9 am to 10:30 am at the Nashua Senior Center, 70 Temple Street

Choice of either a ham or a turkey dinner for one, side dishes, and dessert. >> Delivered curbside to your car. <<

Must reserve your dinner by calling 603-889-6155. Free and open to all seniors. Deadline to register is December 6.

Graciously sponsored by

ZIS-SWEENEY & ST. LAURENT FUNERAL HOME "Life Well Celebrated"

and





Gerald Charles

will perform

"Mr. Dickens is Coming"

December 3, 2022 at 12:30 pm at the Nashua Senior Center

Tickets are \$20 and may be purchased at Fortin Gage, the Nashua Senior Center,

or fortingage.com

Join Fortin Gage and Byers Choice as we host Gerald Charles Dickens, the great-great grandson of Charles Dickens. This lively show is a lighthearted and varied look at the life of Charles Dickens as seen through the lens of his colorful characters. For more information, call 603-889-6155.

This fundraising event is sponsored by





Tickets are available at the door.

The Nashua Lions Club is sponsoring its annual Breakfast with Santa event to benefit the Nashua Senior Activity Center.

Enjoy a delicious breakfast of eggs, French toast, sausage, coffee and OJ. Visit with Santa and then stroll through the gingerbread house village exhibit.

To enter your gingerbread house in our exhibit or for more information, call Judy Porter at 603-816-2649.

FREE VISION SCREENING





New toys will be collected for Nashua PAL

ACTIVITIES (Cathy Barrett, Director)

To our new instructors. Maria and Tara! So glad vou're here!



All our ongoing classes listed in the Activities Sched-

Tai Chi/Qigong Class with Maria Monday, November 14 at 10 am

Fee: \$36/members; \$46/non-members Registration & payment due by November 7 Pick up a flyer for full details.



Vinasya Yoga

Fee: \$36/members; \$46/non-members Registration & payment due by Nov 7 Pick up a flyer for full details.



Humana Planning Meetings with Jerry November 17 at 10 am at the Nashua Senior Activity Ctr

A great opportunity to ask questions and learn about which plan is best for you. Refreshments will be available. Please preregister by one week prior to the date.

It was another great year on the golf course. We'd like to thank Eric Dunkle and Phil McLaughlin for assisting with the Nashua Senior Center Golf League; and to Judi Martin, Maddy Burns and Carolyn Sirois for assisting with the coordination of the Golf League Banquet.





Winners: Paul Pelland, Dennis Lane, Jim McAvoy Steve Trow 2nd: Geff Prost, Ernie Bargorria, Sarita Abrahams, Jim Battis 3rd: Don Vincent, Frank Kiminski, Bob Nevins, Barb Nevins 4th: Phil McLaughlin, Val Denault, Mike Golden, Carolyn Sirois Ladies Putt contest: Val Denault <> Ladies Closest to Pin #6: Melissa Dunkle Ladies Closest to Line: Sarita Abrahams <> Men's Closest to Pin #2: Paul Pelland Men's Closest to Pin #9: Paul Pelland <> Men's Putting Contest: Bill Yorkell Men's Closest to Line: Armand Lussier



CONGRATULATIONS TO ALL OUR NASHUA SENIOR CENTER GOLF LEAGUE WINNERS!

1st: Steve Trow & Jim McAvoy <> 2nd: Judith Martin & Claire Grandalski 3rd: Hank Bernardini & Alice Comerford <> 4th: Bernie Julian & Frank Davis

A SHORT NOTE ON THE VALUE OF TRYING SOMETHING NEW:

"Go Girls!" " written by Judi Martin

On the cusp of the pandemic, Claire Grandlaski and Judi Martin decided to play on the Senior Golf League. It was Claire's first year golfing; and though Judi had been golfing for a few years, she was still very much a beginner. It was recommended that Judi and Claire split up and each play with a more seasoned, perhaps male, golfer. Otherwise, they would not have a chance to win.

Claire and Judi made it clear to the league president that they were not interested in winning. They were interested in socializing with each other and improving their golf game while enjoying being outside. Fast forward three years later, Claire and Judi made it to the play-off round, which they won.

Much to their surprise they won the championship match! This put them into the winner's bracket. They took second place in the Senior Golf League. It is thought that they are the first women team to make it to the play offs and then to the winner's bracket. The "Girls" made history in the Senior Golf League.

We look forward to inviting you all back next year for the Nashua Senior Activity Center's Golf League. Look for sign-up information in your 2023 Nashua Senior Center January/February Newsletter.