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NASHUA

NEWS

*Giving back, looking forward.
Over 45 years of serving
the Nashua area 50+ community*

SENIOR ACTIVITY CENTER

ISSUE #348

70 Temple Street • Nashua, NH 03060 • 603-889-6155

www.nashuaseniorcenter.org

NOV/DEC 2025

UKESTRA PERFORMANCE

November 12, 2025 at 1:30 pm
Nashua Senior Activity Center

The UKESTRA with Mike Loce is NH's original adult collaborative ukulele orchestra. Created in 2010 by educator and musician Mike Loce, the ensemble has played far and wide in the region, most recently staging a performance at Nashua's Center for the Arts in April 2025. They are pleased to bring their music to Nashua's Senior Activity Ctr, and this November's performance will include familiar pop classics and a special "TV SET" of theme songs from vintage television shows! For more information on the group, please check ukestra.org.

Tickets:
Members \$3
Non-members \$5
Purchase by November 5



Holiday Social

December 10, 2025 at 1:30 pm

Entertainment provided by The Bald Eagles

SEE PAGE 4 FOR DETAILS.

2025 Annual Giving

Nashua Senior
ACTIVITY
CENTER
Serving the 50+ Community



Our 2025 Annual Appeal will be mailing in early November. Many ask why they should donate to the Nashua Senior Center's Annual Appeal since they already pay a membership fee and for classes. The fact is that the 100% self-funded Nashua Senior Activity Center depends on your donations to keep operating. Every day the Center is open it costs approximately \$1,923 but approximately only \$127 is generated from membership dues. The remaining expense must be generated by rentals, class fees, retail sales, trips, fundraising events, and donations. Each and every donation makes a difference to the NSAC's mission as a resource in the Greater Nashua area.

Please help us to live our mission to help seniors in the Greater Nashua area.

Festival of Wreaths, Tabletop Trees, and Centerpieces

**FREE
ADMISSION**



Senior Activity Center

70 Temple Street, Nashua, NH

**FREE
ADMISSION**

Saturday, December 6 — 8 am to 10:30 am

Stroll through amazing creations from local individuals and organizations. Attendees can vote for trees in categories such as People's Choice, Most Charming, Most Festive, and Most Creative. Everything will be raffled.

Raffle Tickets: Strip of 10 — \$5

To donate a tabletop tree, wreath, or centerpiece, contact Martha Ackerman at mackerman@nashuaseniorcenter.org or call her at 603-609-7989 or Judy Porter at jporter@nashuaseniorcenter.org or 603-816-2649.



Nashua Lions Club
presents its annual

Breakfast with Santa



**Saturday, December 6 from 8:00 a.m. to 10:30 a.m.
at the Nashua Senior Activity Center, 70 Temple St.**

Tickets sold at the door: \$9.00 per person

\$5.00 — children 5 to 12; Children under four are free.

Enjoy a delicious French toast breakfast, visit Santa and be sure to visit our Festival of Tabletop Trees, Wreaths, and Centerpieces.



New toys collected for Nashua PAL.



ACTIVITIES DIRECTOR (Cathy Barrett)

Holiday Social

December 10, 2025
1:30 pm

Enjoy a festive afternoon at
the Senior Center with friends!
The Bald Eagles will entertain you with all your
holiday favorite tunes . . . and more.

LIGHT REFRESHMENTS

Thank you
to our sponsors:
Fairview Senior Living & **ivyrehab**
PHYSICAL THERAPY



TICKETS:

Members — \$5 (refundable at door); Non-members — \$7 (non-refundable)
Purchase tickets by December 3

Monday Morning Movies



FIRST MOVIE:
(November 17, 2025)

**SPACE
LIMITED**

Irving Berlin's
**WHITE
CHRISTMAS**
THE MUSICAL

Third Monday of each month
10 am to 12 pm
Nashua Senior Activity Center

**A FREE BENEFIT
FOR OUR MEMBERS ONLY.**

Light refreshments will be available. Members need to sign up at the Front Desk
by November 13, 2025 and pay a \$5 deposit refundable when you attend.

Grant funded by anonymous donors.



Nashua PAL and Nashua Police Toy Collection November 3 to December 12

A collection box is located in the Senior Center's lobby for
donations of new/gently used, unwrapped toys for Nashua kids.



ACTIVITIES DIRECTOR (Cathy Barrett)**Beginners Line Dance Lessons**

First join us for a free **Meet and Greet** with instructor Kerrie on Monday, November 10th at 10 am.

For those who are just learning line dance we will be offering a six week session November 17th at 10 am.

Pre-registration and payment is due by November 12th, \$38 for members, \$48 for non-members.

Pick up flyer in front reception area for full details.

**CHAIR PILATES IS BACK!**

Chair Pilates is a gentle, low impact, full body exercise option that will keep you active, more flexible and having more energy regardless of your age. It is a series of functional movements to help get you through your day and is suitable for all fitness levels.

Sharon will offer a six week Chair Pilates class starting on Monday, January 8 at 11:00 am. Registration and Payment are due by January 2

Fee: \$36/Members; \$46/Non-Members



Gift Card Raffle Winner Mike Dapcic and Activities Director Cathy Barrett

**Mike Dapcic
for winning the
October Gift Card Raffle
consisting of over \$1,100
in gift cards.**

Interest Lists: Jewelry making. Make your own greeting cards. Cultural classes. Diamond art. Beginners Keyboard. Would you like an event that adults and little ones in their lives can attend: a nature-based story time with a craft component that they can do together. (We would run it through school vacation.) Email me (Cathy Barrett) at cbarrett@nashuaseniorcenter.org with any suggestions.

ACTIVITIES DIRECTOR (Cathy Barrett)



Need Help with Technology?



United Way of Greater Nashua is now offering **free one-on-one tech help** at the Senior Center! A trained Digital Navigator will be available every Thursday from **1 pm to 3 pm** to assist with things like setting up email, using smartphones and tablets, accessing online services, video calls, and more. Whether you're just getting started or need help with something specific, come by and get personalized support in a friendly, no-pressure environment. Call the Front Desk (603-889-6155) to schedule an appointment.

SPONSORED BY UNITED WAY



Join us on the

THIRD WEDNESDAY OF EACH MONTH AT 12:30 pm

It is a great way to have fun and exercise your mind while trying to remember **trivia**. Teams are formed depending on the number of participants.

FREE for members (Non-members \$3)
Please have membership card present.

Sponsored by



Nashua
Post Acute Care



Lower your brain age in minutes a day! We invite you to try something new. Brain games will help boost your reasoning and thinking. Call the front desk for November date and information. 603-889-6155

Beginners Tap is Back!

A new eight-week class will resume Monday, January 12, 2026. Pre-registration and payment are due by January 5.

Fee is \$56/members and \$66/non-members.



Free Cribbage Lessons: I am taking names for those interested in taking Cribbage lessons on Tuesdays at 10 am. Space is limited. You must pre-register at the Front Desk. First come, first served. You will be called with a start date.



REIKI with Jane

We now have a massage table for your comfort!

Reiki is a relaxing alternative healing technique working with energy to bring the body into balance to promote health and healing. Introductory offer to be held on November 12 and December 11.

By appointment only. Donation to instructor is appreciated. Call 603-889-6155.



Help Desk with Dean

Drop by and get personalized support in a friendly no-pressure environment. Instructor Dean will be here the fourth Wednesday of the month, from 9 am to 12 pm to answer any of your technical questions regarding phone, tablets, laptops and more. Drop-ins welcome. November 26, January 28



ACTIVITIES DIRECTOR (Cathy Barrett)

NASHUA

SENIOR
ACTIVITY
CENTER



What a great year for the Senior Center Golf League! Thank you Hank Bernardini, Phil McLaughlin, Rick Carbonneau and Lee Menegoni for all of your hard work!

CONGRATULATIONS TO ALL OUR WINNERS!

SEASON PLAYOFF WINNERS

First Place: Fran and Pete Goldthwaite
Second Place: Judi Martin and Clare Grandalski
Third Place: Bill Solari and Wayne McQuesten
Fourth Place: Mike Golden and Roger McNulty

END-OF-SEASON SCRAMBLE TOURNAMENT WINNERS

First Place: Rick Dukeshire, Tony Deshiro, Judi Martin, Larry Nutting
Second Place: Roger McNulty, Mike Golden, Pete Goldthwaite, Fran Goldthwaite
Third Place: Armand Lussier, Rick Carbonneau, Eric Dunkle, Melissa Dunkle
Fourth Place: Tony Fantasia, Geff Prost, C. Foster Smith, Clare Grandalski

SCRAMBLE SKILLS CONTESTS WINNERS

Women's Chipping Closest to Pin: Joanne Burns (4 feet)
Women's Putting: Barb Nevins
Men's Putting: Mike Golden
Closest to Pin Hole #2: David Burns, was 20 feet from pin
Women's Straightest Drive (closest to line): Melissa Dunkle (6' 5")
Men's Straightest Drive (closest to line): Frank Kaminski (8' 5")



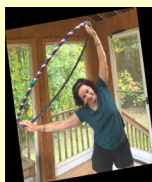
Thank you to **Domino's Pizza Hudson** for sponsoring the Senior Center's Golf Pizza Party



PROGRAMS (Martha Ackerman, Manager)

EVENING PROGRAMMING

Hoop Yoga Returns! Hoop Yoga instructor Shelly Toomey returns for this fun, meditative and uplifting class. Using the hula hoop is a wonderful way to connect with your body. You will be guided to flow and breathe through simple, yet challenging movements with and without the hula hoop. Shelly will help build confidence while you strengthen your core. No hula hoop experience needed. Hula hoops will be provided.



Cost: \$40 For 6 weeks starting Monday, November 3 at 6:00 pm. Space is limited to 12 participants.

Cookie Decorating—Decorate Autumn & Thanksgiving Cookies

Have some fun on Monday, November 17 at 6:00 pm at the Nashua Senior Activity Center decorating cookies for Thanksgiving. Unleash your inner artist and decorate some delicious cookies. It's going to be a fun-filled evening of creativity and sweet treats.



Cost: \$68 per person (includes supplies and refreshments).

PROGRAMS (Martha Ackerman, Manager)

Thank you for making a difference by volunteering at the Nashua Senior Activity Center. Your dedication and commitment to our mission has made a positive impact in our Senior Center community. Beginning in November, the Senior Center will recognize one registered volunteer each month. One name will be randomly drawn each month, and the volunteer will be recognized for their dedicated service to the Senior Center. Watch this space starting in the January/February newsletter announcing the volunteer of the month for November and December.



Notary Public Service

The Senior Center now offers free Notary Public Services. Please call Martha Ackerman (603)-609-7989 for an appointment.

The Nashua Senior Activity Center will host the **Memory Café** on these Wednesdays:

November 12, December 10 and January 14 from 10:00 – 11:30 a.m. The Memory Café is a place where people experiencing cognitive challenges along with a caring family member or caretaker can find social programming, friendship and acceptance.

Pre-registration is required: <https://tinyurl.com/nashuamemorycafeA> or call Martha at 603-609-7989.

St. Joseph Hospital also hosts a Memory Café on the 1st Tuesday of each month (<https://tinyurl.com/nashuamemorycafeC>), and the YMCA of Nashua hosts a Memory Café on the 2nd Saturday of each month (<https://tinyurl.com/nashuamemorycafeB>). Both locations require pre-registration.

VOLUNTEERS

Volunteers play an important role at the Nashua Senior Activity Center. The time and talents of these individuals are truly valued and appreciated. Positions include: Front Desk, Store, Membership Office, Library, Travel Office and Special Events. 3-4 hour shifts available. All require training & a weekly commitment. If you have some available time & an interest in doing some volunteer work, please contact Martha Ackerman at 603-609-7989.



*** Thank you very much for your generous donations of Halloween Costumes...the kids were very excited to have costume to go Trick

or Treating.

Thank you, too, for your generous donations of winter coats. Your donations will help keep people warm this winter.

Transportation Questions?

Meet with Donna Marceau, Regional Mobility Manager to discuss concerns pertaining to Transportation/Mobility issues in Greater Nashua.

Save the date: **Friday, December 19 at 10 am.**

Multi-Day TRIP INFORMATION

Collette Tours presents... Multi-Day Trips

Discover America's 250th Anniversary—May 18-26, 2026

Discover the Canadian Rockies & Glacier National Park—June 19-25, 2026

Alaska: America's Last Frontier—August 2026

Informational flyers and pricing are available in the Trip Office. 603-816-2465

DAY TRIPS are offered throughout the year and open to NSAC members and non-members. For more information, contact the NSAC Trip Office at 603-816-2645, Mon-Thurs: 9am-11:30am or Martha Ackerman at mackerman@nashuaseniorcenter.org or call 603-609-7989. As of the date of publication all of the following trips were still valid. Dates are subject to change. Please ask about the cancellation policy. Visit our website: www.nashuaseniorcenter.org/news for the latest updates and information.

All day trips depart from the Exit 8 Park & Ride unless otherwise notified.

Friday, December 5, 2025 Holiday Boston Pops Cost:\$192

Join us for a dazzling, engaging performance by America's orchestra and relish the elegance of historic Symphony Hall. Enjoy lunch at Maggiano's Restaurant.

Depart: 10:45 a.m.

Return: 6:30 p.m.



Sunday, December 14

Cirque Du Soleil

Cost \$154 per person

CIRQUE DU SOLEIL

You are in for a holiday treat at the Wang Theater! The show is based on Clement Moore's "A Visit from Saint Nicholas" and is set in modern day with pop interpretations of classic Christmas carols. Watch jaw-dropping highwire acts and acrobats somersaulting through the air.

Lunch is on your own at The Prudential Center (list of restaurants included in the brochure)

Depart: 10:15 a.m.

Return 7:00 p.m.

2nd Bus Reserved!



Friday, April 10, 2026

Shen Yun

Cost \$199

Shen Yun is more than just a performance—it's a revival of the beauty and goodness of China before Communism. With stories, and legends, vibrant costumes and backdrops, original music and a few surprises.

Lunch is on your own at the Prudential Center.

Departs: 9:45 a.m.

Returns: 6:00 p.m.



Thursday, May 21, 2026 Lion King Providence Performing Arts Center

See the animated classic, the Lion King, come to life with this stunning musical. You will enjoy vibrant artistry, unforgettable music, and exhilarating choreography. Lunch is on your own at Providence Place.

Departs: 9:00 a.m.

Returns: 6:00 p.m.

Cost: \$149



Wednesday, June 3, 2026

Mobsters and Lobsters Trolley Tour

Dive into the city's gritty underworld with narrated thrilling tales of the Italian Mafia, the Ponzi Scheme, Brinks robbery, and other stories are told. Talks of political corruption and old jails, the Boston Strangler, and other stories. Travel through South Boston, which is the core of all Irish Mob history. The last stop is at Tenean Beach, where several of Whitey Bulger's victims were recovered. This isn't your average sightseeing tour—this is an experience about Boston that you won't read in most history books.

Lobster or Steak Lunch at the Venetian Restaurant.

Departs: 8:00 a.m.

Returns: 5:30 p.m.

Cost: \$225



Wednesday, July 15, 2026

Celebrating America's 250th Anniversary

Save the Date: Enjoy lunch as you cruise alongside the Tall Ships in Boston Harbor. You will have 2 hours of free time to visit historic sights or board the Tall Ships for a closer look.

Watch for flyer for final details.



COMMUNITY PARTNERSHIPS/SEMINARS

Rivier Nurse Wellness Clinics

9 am to 1 pm on the second floor of the Nashua Senior Ctr, 70 Temple St., Nashua

December 5



All clinics are **FREE** and **CONFIDENTIAL**. Brought to you by Rivier University Nurse Practitioner students. The following checks are available: BMI, Blood Pressure, Lab Review, Glucose—A1C, Cholesterol, and Medication Reconciliation. Grant funded by Saab Family Foundation and the United Way of Greater Nashua.

thank you

to our

BUSINESS SPONSORS



Health Clinics **NEW DATES**

Foot Care Clinics by Home Health & Hospice in the NSAC Health Rm:

November 7, 10, 19, 21, 24 AND December 5, 8, 17, 19, 22

Times: 9:20 am-12 pm. Call 603-689-2899 to schedule an appointment.



Parish Nurse Program:

November 25, December 9, 23, from 10:30 am - 11:30 am

The Parish Nurse Program from St. Joseph Hospital is at the Nashua Senior Activity Center on the 2nd & 4th Tuesday of every month providing blood pressure checks, answering medication & lab questions, providing resources about dementia & more. Free & open to the public. Walk-in clients are seen in order of arrival.



Medicare Resources

ANTHEM—Choice Benefit Services, Perry Cataldo—First Tuesday of each month, 9 am—12 pm

Choice Benefit Services—Perry Cataldo—Third & Fourth Tuesdays of each month; 9A—12P
Third Thursday of each month 9A—12P

UNITED HEALTHCARE—Choice Benefit Services, Perry Cataldo—Second Tuesday each month; 9A-12P

Daisy Benefits, Catherine Perkins— First Wednesday of each month; 9 am-12 pm

United Health Care—Open office hours Monday's 1—2 pm. November 10, 24.

CORE / BACK STABILIZATION CLASS

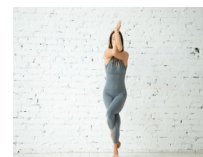
Fred Daniels from CENTER for PHYSICAL THERAPY and EXERCISE.

Tuesdays and Thursdays Beginning January 6, 2026 for 6 weeks. Class time will be 12:15 –1:00 pm
Our core muscles are critical for balance and mobility. Weak and/or tight core muscles can increase your risk of back pain and falls. CPTE's Core/Back Stabilization Class will help it's participants increase the strength and flexibility of these muscles.

Exercises will include the big exercise balls and getting on the floor.

MEMBERS ONLY \$30 made payable to CPTE on first day of class.

Register at the front desk starting November 6.



COMMUNITY PARTNERSHIPS/SEMINARS

You can win this **GEORGEOUS** quilt created by the Senior Center Quilters



- 72" x 84"
- 100% cotton
- Machine washable

Tickets: \$1 each or six tickets for \$5
(available at the Front Desk or online at nashuaseniorcenter.org)

Drawing: Wednesday, April 1, 2026
(No need to be present to win.)

Permit #25-0102

Proceeds benefit the Nashua Senior Activity Center
Over 45 years of serving the Nashua 50+ Community

70 Temple Street, Nashua, NH 03060
Website: nashuaseniorcenter.org
Telephone: 603-889-6155



"SMART DRIVER" COURSE

**Monday, November 17, 2025 &
Tuesday, November 18, 2025
9:00 am to 12:30 pm (each day)**

(Register at the Front Desk or call 603-889-6155
by Wednesday, November 12, 2025)



Location: Nashua Senior Ctr's Education Room
70 Temple Street, Nashua

Cost: AARP Members: \$20; Non-members: \$25
(Payment by check is due at first class meeting.)

Participants in this course will learn how issues ranging from medication to the newest auto technology can affect driving ability and skills.

This course is open to everyone and all ages. You do not need to be a member of AARP to attend this course. Please note that certain insurance companies recognize that completion of this course may qualify their members for a reduction in their auto insurance premiums.

Produced by AARP and taught by trained AARP volunteers.

COMMUNITY PARTNERSHIPS/SEMINARS

Humane Society for Greater Nashua Pet Food Pantry Collection

is ongoing and the collection bin is in the lobby for pet food donations.



The **Tilted Wood Cornhole Group** weekly tournament runs each **Monday**. Bags fly at 7:00 p.m. in the Green Room at the Nashua Senior Activity Center. \$20.00 per week to play. Cash prizes and light refreshments...come check it out! Contact Martha Ackerman at 603-609-7989 or mackerman@nashuaseniorcenter.org



Meeting



December 9th at 1:00 PM, at the Nashua Senior Activity Center, 70 Temple Street, Nashua NH. **(No meeting Nov 11—Holiday, Sr. Center closed)**. Meetings will be held on the 2nd Tuesday of each month from September through May from 1:00 PM to 2:30 PM.

FITNESS ROOM TRAINING WITH KEVIN



Fitness Room training is available every **1st & 3rd Tuesday of the month**.

Space is limited. Sign-ups are on a first-come, first-served basis and open to members

only. To register, please visit the Front Desk or call 603-889-6155.

Are you afraid of falling? Are you constantly in pain?

Sign up for a screening with an expert physical therapist on **Wednesday, December 3, 2025 between 12 and 2:00 pm:**

- Learn how to prevent falls Improve mobility with simple, effective techniques
- Stay independent!

Sign up for a 15-minute screening to focus on the importance of balance and mobility to prevent falls and improve overall mobility. We will discuss risk factors, assessment techniques, and evidence-based interventions to enhance stability and reduce discomfort.



Gain valuable insights into early detection and strategies to promote safer, more active lifestyles.

Free for Members only. Please sign up at the front desk

Flea Market!

Saturday, March 7, 2026 — 9 AM to 2 PM
Senior Activity Ctr, 70 Temple St, Nashua

This Flea Market will showcase 30+ vendors selling both new and used merchandise, a book sale, a “fill-a-bag” for \$5 sale (on clothing only) at the Round Again Shop, a raffle, and more! Volunteers to help with the event are needed. Limited “treasure” donations will be accepted by appointment only.

Raffle items graciously accepted.

Vendor space is available after January 1. Tables are \$25 each. For information on table reservations, volunteering, or to make donations, contact Margo at 603-816-2643.

SAVE THE DATE!

FREE PARKING

Nashua Senior Activity Center *INFORMATION*

CURRENT OPERATING HOURS:

Monday, Tuesday, Wednesday: 9 am - 4 pm ~ Thursday: 9 am - 7 pm ~ Friday: 9am—12 pm
except pre-registered evening programs and by appointment—subject to change

 **ROUND AGAIN SHOP:** Monday — Thursday 9 am to 3 pm ~ Friday 9 am to 12:00 pm. Fill-a-bag for \$5 first and third Mondays and the third Tuesday monthly. **MEMBERS ONLY** enjoy the FREE SPREE monthly on the first Monday and the third Tuesday: Must show your current NSAC membership card to receive this promotion - ask for details. There is a two-bag limit on donations, no appointment necessary.

 **LIBRARY:** Monday - Thursday 9 am to 2 pm & Friday 9 am to 12 pm. Donations are by appointment only and are limited to two grocery sized bags. We ask that all books be odor free.

 **FITNESS CENTER:** Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Members must have completed training and agree to abide by our cleaning protocol.

 **FITNESS ROOM ORIENTATION WITH KEVIN:** The **1st & 3rd Tuesday of the month at 2:30 pm**. Space is limited - sign-ups are first-come, first-served. To register, please call 603-889-6155 or visit the Front Desk.

 **BILLIARDS:** Check in at the Front Desk. \$3/members & \$5 non-members (per person). Monday: 9-3:30 PM, Tuesday, 1-4PM, Wednesday, 12:30-3:30 PM, Thursday, 9-4:30 PM. Friday not available. Call Cathy for further Information. 603-816-2647.

 **MUSIC WITH BENES:** Monday & Thursday 12:45 to 2:45 pm. In the lounge
MUSIC WITH JUKEBOX JIMMY: Monday 10:30 to 11:45 am. In the lounge
SINGING MUSIC GROUP OPEN MIC: Tuesday 9:15 to 11:45 am in the music room
FRIENDS MAKING MUSIC: Wednesday 9 to 11:30 am in the music room (instruments)
MUSIC WITH THE BALD EAGLES: Wednesday 10:30 to 11:45 am & 12:30 to 1:45 pm in lounge
MUSIC WITH JUST JIM: Thursday 10:30 to 11:45 am. In the lounge
SILVER LINING CHORUS: Friday 10:30 am to 12:00 noon in the music room



 **OLDE TYME PICKERS:** 3rd Tuesday of the month -7 pm to 9 pm



VETERANS COFFEE CLUB

Join us with Lewis Chipola, Chairman,
 City of Nashua Mayor's Veterans Council
Friday, NOV 14 and DEC 12
9:30 am - 11:00 am
in the NSAC's Education Room.
 Free and open to the public!
 Learn about VA benefits and share memories of
 your time in the service. Feel free to bring
 photos to share. For more information, call
 603-759-2478.
















Coffee with a Cop

FREE

2nd Tuesdays

10 AM

Open
TO THE
PUBLIC

Learn about scams, safety, and other
 topics pertinent to seniors.

(CLOSED NOV 11) DECEMBER 9





MEALS on WHEELS
 HILLSBOROUGH COUNTY

Meals on Wheels of Hillsborough County

Community Dining Program at the Nashua Senior Activity Center:
 Balanced meals are being served to those 60 years of age or older.
 (suggested donation \$3.00)
Monday to Thursday from 11:45am to 12:30pm Call 603-882-2106 for reservations

NASHUA SENIOR ACTIVITY CENTER

Our Mission:

To promote healthy aging, independence and the well-being of older adults through health, wellness, educational, cultural and recreational programs and services.



**Nashua Senior Activity Center
70 Temple Street
Nashua, NH 03060**

Non Profit Org
US Postage
PAID
Nashua, NH
Permit # 103

CLOSINGS:

The Nashua Senior Activity Center will be closed Tuesday, November 11 in observance of Veteran's Day, Thursday and Friday, November 27 and 28 for the Thanksgiving holiday and Thursday, December 25 for Christmas.

NASHUA SENIOR ACTIVITY CENTER MEMBERSHIP

Monday through Friday: 9:15 am to 11:30 am

Membership Office Hours:

Eligibility: Membership is open to anyone in the greater Nashua area age 50 or older.

Membership and Renewal Fees: \$40 per year for individuals;
\$60 per year for two individuals residing at the same address.

Membership Renewal by Mail:

Include a **self-addressed stamped envelope** to have your membership card and receipt mailed to you; otherwise, pick up your card and receipt when you visit the Senior Center.

Veterans Discount: Eligible military service veterans receive a \$5 discount.

Membership Fee Exemption: Membership fee is waived for seniors 90 years and older.

Payment: Cash, personal checks, credit cards, and debit cards are accepted.

Discounts on classes, entrance to social and special events, participation in other activities and more are privileges of membership. Therefore, membership cards must be presented at the time of registration.



FOLLOW US ON SOCIAL MEDIA:

www.nashuaseniorcenter.org



www.facebook.com/nashuasac



@nashuaseniors